



afnafnsf

gkfnsf] sfgbx?df ; fdfloto !^ j if{ pd] gklu\$ f JolQmx?nf0{ “**afnaflnsf**” eg] kl/eflift ul/Psf]kf0G5 . oBlk gkfnn]cgdfpg u/\$f] ; eQm /fi6<3lo afnclwsf/ ; DaGwl dxf; lgw !(* (nufot afnaflnsfsf] dfgj clwsf/ ; DaGwl cGo cGt/fli6@ dxf; lgwx?n] !* j ifdlsf JolQmnf0{afnaflnsf eg] kl/eflift u/\$f 5g\

afnclwsf/

afnaflnsf hGdgbl3 cyft \uefcj :yfd} / hGd\$ f] !* j if{k/f geP; Dd p; sf] hlj g/lff ug] ; nf0{ gs/flds s/faf6 hflfpg] hufotsf zf/ll/s,dfgl; s; dflhs / cfWbflTds ljsf; sf nflu rflxg] lzlf,;jf:Yo;]f / ; dRr clwsf/ g}afnclwsf/ xf]

afn clwsf/sf dVo lgx?

afnaflnsfn]aRg kfpg]
clwsf/

afnaflnsfsf]ljsf; sf]
clwsf/

afnaflnsfsf]; Af0fsf]
clwsf/

afnaflnsfsf]; xeflutfsf]
clwsf/

!= afnaflnsfsf]aRg kfpg]clwsf/

- aRg kfpg' afnaflnsfsf]hGdl; 4 clwsf/
- ue{lt dlxnfnf0{j z]f :ofxf/
- ; lflt hGd
- vfk tyf :jf:Yo :ofxf/

- kf]f0foQm vfgf
- ; kmf kfgl

@= afnaflnsfsf]; Af0fsf]clwsf/ M

- eþefj af6 ; Af0f -ue{b]vg}
- b]o{xf/, pTkL8g, x]f, ckdfg, ufnl s]kl6 oftgf af6 ; Af0f
- a]lavg, cf] f/ k; f/af6 ; Af0f
- nfu]kbfy{ gzf]n'kbfy]f6 ; Af0f
- sfg]l ; Af0f

#= afnaflnsfsf]lj sf; sf]clwsf/ M

- :j R5 j ftfj /0fdf c; n lzlff cfhg -cf]krfl/s÷cg]krfl/s-
- v]h, dgf]Ghg / cf/fd
- plrt :jf:yf]rf/
- zf/l/s, dfgl; s, g]ts / ; fdflhs lj sf; sf]lgldQ cfj Zos kg]; lj wf / cj ; /x? -hGd}b]v-
- dfof ddtf / x]sfpg]sfo]f cfdf afa'b]sf]; eQm bflo]j
- plrt dfu]zg] / /fdf]kfl/j fl/s j ftfj /0f

\$= afnaflnsfsf]; xeflutfsf]clwsf/ M

- h]j gdf k]fj kf]l]g]f]x?df cfk]nf]s]/f ; gj f0{ug}/ ; f]f]sb/ ul/g'kg]
- /rgf]ds sfo{ ; fdflhs / ; f:s]ts ultlj lwdf ; xeful xg]
- cf:yf cg'; f/sf]wd]f ; n]g
- sg]s/fsf]hfgsf/l tyf ; hgf kfpg]/ cleJoQm ug]
- ; 3; :yf v]g]tyf ; xeful xg]
- afnaflnsfsf]lj rf/ / efj gfsf]; Ddfg ul/g'kg]

afn ; Af0f

afn bAo{xf/, zf]f0f, lx]f / a]f:tfsf]/f]yfd ug]/ To:tf]bAo]xf/, zf]f0f, lx]f / a]f:tf e0]fn]f
plrt ; af]yf ug]pkfox? tyf ; Argfx?nf0{afn ; Af0f elg]5 .

afnaflnsfnf0{xflg k]sfpg]unt sfo{?

- Affn>d zf]f0f

- k/Dk/fut xfqlsf/s cEof; x?
- Affnaflnsfsf]a]ljj vg cf] f/k; f/
- Affn ljj fx
- Affn ofgjzff0f tyf bjo] xf/
- lx;f Zf/l/s b08 -oftgf_
- Prcf0le / P8\ kflj t afnaflnsf
- eþefj

**afnaflnsfsf]a]lavg÷cf] f/k; f/df
s_ dfgj a]lavg÷cf] f/k; f/ s]xf]<
dfgj a]lj vg tyf cf] f/k; f/ -lgoGq0f_ Pg, @)^\$ cg; f/
s_ ædfgj a]lj vg eGgfn]M**

- sþ}klg p2]on]dflg; aþg]jf lsGg]
- sþ}k\$ f/sf]km0bf ln0{j f gln0{j þofj [Qdf nufpg]
- kþlnt sfgþ adf]hd afx\$ dflg; sf zf/l/s cÊ lenþg]
- j þofudg ug]sfohf0{aþfpB .E

sf_ ædfgj cf] f/k; f/ eGgfn]M

- lsGg]jf aþg]p2]on]dflg; nf0{lj bþdf nhfg]
- j þofj [Qdf nufpg] j f zf]f0f ug] p2]on] zf/l/s j f dfgl; s ?kdf bafj j f
kþfegdf kf/l s; þf0{al; /xþf]3/, :yfg j f JolQmaf6 5þf0{nþg]jf cfkm' E /Ng]
j f cfkm' lgoGq0fdf Ing]jf sþ}:yfgdf /Ng]
- j þofj [Qdf nufpg] j f zf]f0f ug] p2]on] dGh/lj gf gþfnleqsf] sþ}7fpþf6 csf{
7fpþf j f lj bþdf nhfg]jf c? s; þf0{lbg]sfohf0{hgfþf .E

Ij Bdfg Pg sfgþx?

**dfgj a]lavg tyf cf] f/k; f/ -lgoGq0f_ Pg, @)^\$ n]dfgj a]lj vg / cf] f/k; f/nf0{lgifW
u/þf]5 bþfocg; f/ b08sf]Joj :yf u/þf]5M**

- dflg; lsGg]jf aþg]hf0{@) j if{þ / @ nfv hl/j fgf
- j þofj [Qdf nufpg] j f lsGg]klfnf0{!) j ifþ!% aif{þ / %) xhf/ bþv ! nfv
?kþfFþd hl/j fgf

- kl/k~r ldnfpq]-bnfn_jf ; xof^u k^uofpg]jf b?T; fxg ug{jf pBf^u ug^hf0{k/yf s; ' ubf{xg]; hfosf]cfwf ; hfo
- dflg; sf]sg}c^E len^ghf0{!) j if{sb / @ nfvb]v % nfv ?k^ofFDd hl/j fgf
- g^kfnleqsf]Ps 7fp^Ef6 csf]7fp^Ef n^hfgjhf0{!) j if{sb / %) xhf/ ?k^ofb]v ! nfv ?k^of; Dd hl/j fgf / afnaflnsf nu^hf0f !) j if{v !@ aif{sb / ! nfv hl/j fgf .
- o; ck/fwsf ; DaGwdf hlxn] s}klg ph'l ug{; lsg]u/l **xbDofb** tf]sPsf]5
- Pgdf ePsf] **laz^I** Joj:yf c^Gtuf dfgj a^Tl vg ck/fwnf0{ g^Hts ktg b]vg] km^hbf/l ck/fw u/\$f]egl bfj l lbg ; lsg^u . To:t}s; h]o:tf]ck/fw u/l sg} ; DkIQ k^Hkt u/\$f]/x^h eg]To:tf] ; DkIQ / ck/fwdf k^of^u ePsf]sg}; jf/l ; fwg eP hkmt xb^h .
- Pgdf ck/fwsf] ; hgf lbg] JolQmf0{ hl/j fgfsf] !) k^Htzt a/fa/sf] /sd k':sf/ lb0g]tyf ; %fs[sf]laj /0f u^hlo /Vgkg{k^Hj wfg /x\$]5 .
- kll8tnf0{ zf/ll/s jf dfgl; s pkrf/ u/fpg / ; fdflhs ?kdf kg{yfkgf ug{ / kfl/j fl/s kgldhg u/fpgsf] nflu ; /sf/n] cfj Zostfcg; f/ kg:yfkgf s^hb\$] :yfkgf ug^h . of]cfkn^h Ps dxTj k0f{k^Hj wfg xf].

afn>d z^htof

afnaflnsfnf0{ ; fdflhs jf cfly^h nfesf nflu >ddf ; n^hlg u/fpg' afn>d xf]. g^kfnfdf sfghn]afnaflnsfsf pd]sf cfwf/d^h :j lsfo{/ c:j lsfo{sfds? tf]\$]5 . cyff !\$ j if{ pd] klu^hf afnaflnsfnf0{ >ddf nufpg kf0G5 t/ vf; vf; lg^hsf] sfd ug{kfpg]xgsf] nflu !^ j if{/ !* j if{pd] k^hf u/\$f]xgbk^h .

afn>d -lgoldt / lgif^hwt ug{ Pg @)%^ n]

- !\$ j if{ gklu^hf afnalfnsfnf0{ >ldssf ?kdf sfddf nufpg lgif^h u/\$f] 5 -t/ o; n]afnaflnsfn]3/kl/j f/d^h ug{d2tnf0{lgif^h u/\$f]?kdf aen^h'x^hg_
- >d ug{pd] klu^hf afnaflnsfnf0{/ftdf -; f^hm ^ ah^h]v laxfg ^ ah] Dd_ sfddf nufpg lgif^h u/\$f]5
- >d ug{pd] klu^hf afnaflnsfnf0{klg Ps k6sdf nuftf/ # 306f, lbg^h]^ 306f / x^hktsf]^ 306fe^hbf a9l sfddf nufpg x^hg . / nuftf/ # 306f sfd u/k15 cfwf 306f l^hj >fd / x^hktsf] ! lbg l^hj bf lbgk5{. p0m l^hj >fd^hsf] ; do / labfsf] lbg^hsf] kfl/>lds s6fpg kf0b^h . olb o; sf] kfngf gu/l sfd nufPdf kfFxhf/; Dd hl/j fgf jf @ dlxgf; Dd sb] jf ba}; hfo xb^h .
- s; h]klg afnaflnsfnf0{nnf0kmsf0{ en^hof0{ 8/, qf; , khfeg, bafadf kf/l jf c^Go sg} tl/sfn] lghsf] OR5flj?4 >ldssf] ?kdf sfddf nufpg x^hg . OR5flj k/l^h sfddf **nufPdf !** j if{Dd sb] jf %) xhf/; Dd hl/j fgf jf ba}; hfo xb^h .

- !^ j if{ Ddsf sg} klg afnaflnsfnf0{ xnlsf vfnf] sfddf dfq nufpgkb5 . hflvdk0f{Joj ; fo j f sfddf nufpg' xbg . s; h]o:tf]hflvdk0f{sfddf afnaflnsf nfufPdf ! **j if{ Dd sB jf krf; xhf/ ?kdfFd hl/jfgf jf bj };** hfo xg5 .
- hflvdk0f{Joj ; fo j f sfo{; ~rfng ul//x\$]f]j f ug]Joj :yfksn]tflsP adfjhdsf]lj j /0f >d sfofhodf lbgkg5 . ; f]glbPdf ! **dIxgf sB jf # xhf/; Dd hl/jfgf jf bA}; hfo xg5 .**
- klti7fgdf afnaflnsfnf0{ >ldssf] ?kdf sfddf nufpg' cl3 >d sfoffodfkmt\lrsl; saf/f sfd ug{; Sg] ofjotfsf] kdf0fkq lbgkg5 . klti7fgn] >ldssf] ?kdf sfd ug{ sg} klg afnaflnsfnf0{ lnE, j 0f{ wd{ hfthfltsf] cfwf/df sg} ehefj gu/l ; dfg sfdsf nflu ; dfg kfl/>lds lbgkb5 . ; f]glbPdf @ **dIxgf; Dd sB jf % xhf/; Dd hl/jfgf jf bA}; hfo xg5 .**

afnofgzsif]of tyf bBb]xf/

afnaflnsfsf] zf/ll/s,dfgl; s,jf j fl]s,efj gfls j f ; j fls / ; fdflhs lj sf; df tTsflng j f bl3\$flng?kdf cf3ft k\$bfpg] k\$ff/sf sg]lg Joltm-vf; u/l jo:s_sf] afnaflnsfklt sf gsf/fls Joj xf/ j f lqmfsnfk g}afnbJo{ xf/ xf]

Ij Bdfg Pg sfggjx?df s]5 <

afnofgbsjo{ xf/ afnaflnsfdfly xg]h3Go ck/fw xf]. g]fnsf]sfggjdf afnaflnsfdfly xg] ofgbjo{ xf/sf ; DaGwdf b]fostf Joj :yf ul/Psf]5M

dhsl Pg @@) cg; f/-

cf; o s/0flsf]dxn M

s; h]lgDg lnvt sfo{u/df ofg b'Joxf/ u/\$f]7x5{.

- s; h]sg]dlxnfsf]dgh/l lagf lghsf]; DaDglzn c# 5fpdf j f 5g]kdf; u/df
- lghsf]leql kfjffs vfjhdf j f vf]g]kdf; u/df
- lghnf0{c:j eflj s ?kdf sg}PsfGt 7fpdf nudf
- cfkmgf]ofg ; DaGwl cE lghnf0{5g ; dfpg nufPdf
- lghnf0{ clZnn j f cGo To:t} k\$ff/sf] zAb , ; E} kdfu u/df j f lrq t:j l/ b]fPdf
- ofgsf cfzon] lh:sfPdf j f x]fgl lbPdf j f o:; t}cGo sg}lsl; dn]c:j eflj s Joj xf/ u/df
- lghnf0{s/0flsf]cf; on]; dftdf

; hfo M

of^g b/Joj xf/ ; DaGwl ck/fw u/\$f]7x/¶f To:tf]s; ' ug]JolQmnf0{! j if{; Dd s^b / !) xhf/ ?k¶f ; Dd hl/j fgf x65 .

Ifltklt{M

Ikl8t JolQmnf0{s; 'bf/af6 dgfl; a dflknsssf]Ifltklt{; d} e/f0g§ .

haḥ:tl s/0fL u/¶f

- !) j if¢Gbf sd pd]sf]aflnsfnf0{haḥ:tl s/0fL u/¶f !) j if¶v !% j if{ Dd s^b, !) j if{j f ; f¢Gbf dfly !^ j if{dlsf]ePsf & j if¶v !) j if{ Dd s^b / !^ j if¢Gbf dflysf]ePsf % j if¶v & aif{ Dd s^b ; hfosf]Joj :yf .
- ; fdlx s h̄j h̄:tl s/0fL ue]tl, czQm jf c kfEt tf ePsf dlxnfnf0{ha/h:tl s/0fL u/¶f dfly pNn]vt ha/h:tl s/0fldf xg]; hfodf yk % j if{; hfosf]Joj :yf .
- xf8gftf s/0fldf anfts/ u/¶f gftf; DaGwsf] cfwf/df hGds^b; Ddsf] ; hfosf] Joj :yf .
- s; h̄]klg s^b}klg gfafns; h̄ c kfs]ts dyg u/]u/fPsf ha/h:tl s/0fL ; /x dfgl ha/h:tl s/0fldf pd]cg' f/ xg]; hfodf yk ! j if{; hfo xg]Joj :yf / gfafnssf] pd]cg' f/ k/\$f]dsf]f0{lrf/ u/l Ifltklt{e/f0lbkg}; d}sf]Joj :yf .
- !^ j if¢lgsf afnaflnsfsf] ; xdlt lnP/ ofg; Dks{/fv]klg ha/h:tl s/0fL ePsf] dfllgg§ .
- afnaflnsf tyf dlxnfnf0{ ha/h:tl s/0fL u/¶f kl8saf6 kl8tnf0{ cfwf cz e/f0lbgsfgg]Joj :yf 5 .

**cfkmlf]; / iff cfkmlugxf] **

How to say 'NO'

- s; h̄]tkf0ff0{dg gkg]Joj xf/ u5g\eg]l/; fpgxf] \
- t]sfnsb}sl; dsf]gsf/fTds kltlqmf lbgxf] \
- s; h̄]ofg bJoj xf/ u5{eg]cfkm' 5Rrf] xbf s]l km/s kb. ; f] JolQmnf0{g/fdf] nfl5 egl ; f]r/xg kb. lsg eg]p; n]klg tkf0ff0{g/fdf]nfl5 egl ; f] lg .

cfkmhf0{; xl gnfu\$]Joj xf/klt Wbfg lbpnF

- sf]l tkf0ff]glhs a; \$f]jf plePsf]/ tkf0ff]c; lhnf]gaf6 dHhf ln0{x\$f]
- tkf0ff0{x]l x]/x\$f]
- s; h̄]tkf0ff]af6f]5\$]f]

- s; h]tkf0Hf0{cfj :ostf eGbf a9l lrq\$]h:tf]u/l zf/l/s ?kdf tkf0E]glhs xg vfh\$]f]
- s; h]tkf0Hf0{sf/0f l]gf tfGg' ; dflg' cyjf lrd6g'
- s; h]tkf0Hf0{ofg ; DaGwl 760f]l jf hf\$; \jf To:tf s/f ; bfpq'hg tkf0Hf0{dg kb]
- s; h]tkf0Hf0{cl:nn 5f8f lrq b]yfpq'
lo ; a}ofg b]o]xf/ xg .

ofg b]o]xf/af6 s;/l aRg]

- slxNo}PSn}aflx/ ghfgxf] \. vf; u/l klnnf b]o]xf/ xg]u/]f] 7fpF/ dflg; l; t hflugxf] \
- Pp6}dfq klg b]o]xf/df klg gf0FeGg ; Sg' eof]eg]l of]klg w]}/fd] s/f xf]. o; n]tkf0Hf cfl; /lffsf]afglsf]; ?j ft xG5 .
- hlxn]klg 3/sf]7hf]; b:onf0{cfkr]sxfl5'eGg]s/fsf]hfgsf/l lbgxf] \
- olb s; \$f]Joj xf/b]v tkf0Hf0{zsf jf 8/ nfluof]eg]gf0FeGgxf] \

b]o]xf/ Cogls/0f ug{cleefj ssf]eldsf

- ; fgf afnaflnsfnf0{pd] ; xfpf] z/l/sf c? cu, h:t}lj zif cu]sf] af/ff klg hfgsf/l u/fpg]
- s; h]cf^gf] z/l/df 5f] dg gk/ff l]f] ug]5{eg] l; sfpg]/ cfkn]f] z/l/df cfkn]f]dfq clwsf/ xG5 egl l; sfpg]
- cf^gf afnaflnsf sxfl/ sf] E, s]ubf]g\eg] lgu/fgl /f]g]/ pglx?sf]; /lffaf/] hfgsf/l lng]
- afnaflnsfsf]cfkn]f]lj rf/ / ej gf jf dgdf nfu]f s/fx? JoQm ug{k]f]; fxg ug] jf afnaflnsf; E ldqj t\oj xf/ u/l pglx?sf]; d:ofdf ; xof]l eldsf lgj f] ug]
- afnaflnsfn]ofg b]o]xf/ ePsf]atfPdf pglx?sf]d2t ug]
- afnaflnsfnf0{hfgsf/l dh]s kqklqsf jf c]o ; fdullx? k9g lbg]
- cfj Zos ; xof] kf0g]7fpf]kQf nuf0{ofg b]o]xf/af6 kll8t ePsf afnaflnsfnf0{ Toxf]k7fpq d2t ug].

afn ;+/lf0fsf] nfuL lhIjsf]kfh{g ;xof]u

afn aflnsf atfg xg\ plgx?sf]atfg ; /lft eP dfq elaio ; lglZrt xG5 . plgx? Ps lglZrt pd]; Dd jo:sdfly lge{ xG5g / ; a}k\$ff/sf xfglaf6 ; lf0f kfpg' afnaflnsfsf] clwsf/ xf]/ afn clwsf/sf]/lff ug{j o:sx?sf]bfloTj xf].

xgt k|s[ts k\$fk eofj x g}xG5 . To; df klg e\$Dk 8/nfUbf]g}k|s[ts k\$fk xf]. g|kfnf @)&@ ; fn a\$fv !@ sf]lagf; sf/l e\$Dk hlt lj ; g vfh]klg lj ; g ; lsGg . xhf/f}; Vofdf dflg; x? dg{ nfvf} AolQmx? 3/j f/ lj lxg xb' nfvf\$sf] ; Vofdf j :t\$fp dg{ of] e\$Dksf] ; fdGg s/f ag]. lhij sfkfhg / cfdbflgsf]>f] gog eP nut}s]x xb ; Dd cfdbflgsf]>f]sf a9fpgsf nful kl/j f/n]cfkngf afnaflnsfnf0{>ddf k7fpg]s\$@ eng a98f]5 . w]k}f cfpg] nf\$df lo afn aflnsf a\$lavgdf ePsf klg 5g\ o; }l; nl; nfdf u} gfkmf dhs ; dbfodf cfwfl/t u}; /sf/l ; \$yf; ; fen\$ff/l g|kfn cu\$ffd kf66lZfk g|kfn M @)^& xfn cfP/ **ljkt&f afnaflnsf a\$ljvg lj?4 ; fen cleofg M Fighting Against Child Trafficking in Emergency (FACTE) kl/ofhgf knfg 06/g\$gnsf] ; xof\$df hg @)!^ b\$V l8; l]j / @)!^ ; Dd ; ffng ub{cfPsf]5 .**

kl/ofhgf]nlo

afn aflnsf cfkngf]cleefj s ; u a:g kfpg' p; sf]clwsf/ xf]. o; kl/ofhgf]dVo nlo s\$} klg afnaflnsfn] >dsf nful laBfno / 3/ 5f\$g dha' gxf] / a\$lavgdf gk/f] eGg]xf]; fy)M

@)) hgf j \$lj vgsf] a9L hf\$df /x\$ff afnaflnsfsf] ; lf0fsf nflu hlij sfkfhg]sf ; xof\$ ug{xf].

kl/ofhgf]p2]ox? M

- ✓ Ij kt\kl/l:ytlaſ6 j \l{j} vgsf a9l hf\vdſf] ; eſj gf ePſf afnaſlnſſf] ; Aſf0ſſf nflu lhlj ſf\fhg ; xof\l ul/ hf\vd Golgs/0f ug\l.
- ✓ lhlj ſf\fhg ; xof\l ſoſmdaf6 afn>d Golgs/0f ug\l.
- ✓ Ij kt\kl/l:ytlaſ6 j \l{j} vg pGdV afnaſlnſſf] kl/j f/nf0{Joj zflos cfocfhg u/f0{nlIft afnaſlnſfx?ſf] ; Aſf0f / ; j4g ub\z\lfs clwsf / ; lglZrt ug\l .

nllft ; dx M

- j \l{j} vg pGdV afnaſlnſf ÷kl/j f/
- lgs\l afn>lds

kl/of\hgſſf]ſfo\l

Ij kt\l{f} afnaſlnſf a\l{j} vg Ij?4 ; ſen cleoſg c\l{tu}t lhlj ſf\fhg ; xof\l ſoſmdſf nflu dlxnſ tyf afnaſlnſf ſſoſhō / lhnnf laſf; ſſoſhō af6 0rf\\$ / lſpn uſh\l =; x? 5gf\l ul/Pſf]5 .

nfeſlGj t kl/jf/ ; vof M

- ✓ @)) kl/jf/ -0rf\\$ M!)) / lſpn !))

lhlj ſf\fhg ; xof\l ſoſmdſf]ſoſnſfax?

- ✓ Hf\vd kl/jf/ ÷; dx klxrfg ; j \l{f0f}
- ✓ nllft ; dx ſf nflu ſoſmd cledlvs/0f
- ✓ Joj zflos tyf k\l{f} l\l{f} Zn\l{f} a\l{s}
- ✓ cfocfhg ÷ Joj zflos of\hgſſf th\l{f} ſſoſfnf
- ✓ hlj lſf\fhg ; xof\l ſoſmd
- ✓ :yfglo lgsfo tyf ; xsf/l ; e\l{q} ; j nls/0f
- ✓ ; fdllhs n\l{y} h\l{y}f
- ✓ ſoſmd cgludg

lq\lfsnſnkx?

s_ Hf\vd kl/jf/÷; dx klxrfg ; j \l{f0f} M

lq\lfsnſnkut p2\l{o} M

nllft uſh\l =; x?df /x\l{f} a\l{j} vg pGdV afnaſlnſf tyf lgs\l afnaſlnſſf] t\l{y}out c\l{y} :yf klxrfg ug\l .

IqmfSnfk ; ~rfng Ijlw M

; DaGwt uflj ; x?sf upfFafn; Af0f ; Idltsf] cuj f0df uflj ; sf ; /f\$ f/j fnf upfFafn ; Af0f ; Idltsf ; b:ox? j8f gful/s d~rsf k|tlgwlx? :yfglo lj Bfnosf k|c|zIfs / bnx?sf k|tlgwlx?sf] ; eQm a} s a; fnl ; xefultfdhs lj lwaf6 hf|vddf /x\$ f afnaflnsfsf kl/jf/ 5gf6 cfwf/ to ul/of]. tof/ ePsf] ; j {f0f kmf/d eg{ ; :yfsf sd{f/l jf :j o+] sx?nf0{cledlvs/0f ul/of].

ufB afn ; Af0f ; Idlt af6 to ePsf] hf|vd 5gf6 cfwf/ cg' f/, 0rf\$!\$!) 3/w'l / lspn (*) 3/w'l ; j {f0f ubf{0rf\$df !@# / lspndf !#@ hf|vd 3/w'l ; \$ng ul/of]. It ; \$ng u/\$f 3/w'l dlb 0rf\$ / lspn u/l @)) 3/w'l ; DaGwt uf=j= sf]ufB afn ; Af0f ; Idlt 4f/f lhij sf|khg ; xof|sf]nful clGtd gfdj nl 5gf6 u/lof].

lhij sf|khg 5gf6 cfwf/x?

qm# ;	cfwf/x?	cs	cs lbg\$] sf/0f
!	a]lavg jf6 lk8t tyf k flat afnaflnsfsf]kl/jf/		
@	afn>ddf k/\$f afnaflnsfsf]kl/jf/		
#	lh=j f=S=; sf]USIVSD cfwf/ leq k/\$f afnaflnsf		
\$	lszf] cj :yfdf lax]e0{aRrf ePsf jf gePsf kl/jf/		
%	e5Dkaf6 k flj t -3f0t]jf kl/jf/ udfPsf]		
^	cfDbflgsf] >ft Gog ePsf kl/jf/, k0f{?kdf Hofnfdhb'/ldf e/ k/\$f kl/jf/ ,k0f{Hofnfbf/l ePkig Gog cfo>ft ePsf - !)_ # dlxgf ; Dd vfg k lg]-*_] ^ dlxgf ; Dd vfg k lg]-^_(dlxgf ; Dd vfg k lg-\$_!@ dlxgf ; Dd jf ; f]eGbf al9 vfg k lg]-@_		
&	hfthfitblnt-%_, lk5!8Psf hghfit -h:t}tfdfE, bgj f/ ÷ dflem_M, hghfit -!_, cGo-)		
*	Psn cleefj's jf bj }cleefj's udfPsf kl/jf/sf afnaflnsfsf]x]rfxf]lhDd]f/l lnPsf ÷ ePsf gftbf/ -@ afnaflnsfM!), ! afns jf aflnsfM%		
(Prcf0[e P8\ ; emdt tyf k flj t afnaflnsfsf]kl/jf/		
!)	Psn dlxnf h:sf]afnaflnsf ePsf]kl/jf/		
	hDdf		

gf6 M!M!%cs, @M!%cs #M%cs \$M) cs %M% cs, ^M!) cs, &M% cs, *M) cs, (Mcs,!))

; DaGwt upfFafn ; Af0f ; Idltsf] ; efhstj df ; \$ngdf NofPsf] ; j {f0f kmf/dsf cwf/df ; \$int kl/jf/ tyf afnaflnsfx?sf] tYofsnf0{upfFafn ; Af0f ; Idltsf ; b:ox? :yfglo

Ij Bfnosf k‡c÷lzlfs tyf /fhg]ts bnsf kl/tlgwlx?sf] ; e0m a]s a; fml lgwfl/t :t/
lj Zn]f0f ; lxt klyldsls/0f u/f0{ klo\$ uflj ; x?df !))÷!)) hgf nllft
afnaflnsf÷kl/jf/ 5gf] u/l clGtd clen]g ul/of].

v_ nllft ; dksf nflu hlij sflkhg sfo]nd cledlvs/0f M

lqofsnsfkut p27o M

sfo{f] leqsf uf=j=; x?af6 5gf] ePsf nllft ; dksf ; b:ox?nf0{ kl/of]hgf /
hlj lsflkhg ; xof] sfo]nd ; Dalgw lj ifout cledlvs/0f ug].

lqofsnsfk ; ~rfng lj lw nllft ; dksf nflu sfo]nd cledlvs/0f lqofsnsfknf0{
kefj sf/l / Jojl:yt ?kn] ; ~rfng ug{b]fo j df]hdsf lj lw tyf k\$]f to ul/of].

kl/of]hgn] nllft u/\$f sfo{f] leqsf uf=j=; leqaf6 5gf] ePsf !))÷!)) hgf
a]lj vg pGdv afnaflnsf / lgs[6 afn>ddf k/\$f afnaflnsfsf kl/jf/sf ; b:ox?nf0{
\$)÷\$) hgf] % j 6f ; dx agf0{ plgx?sf uf=j=; sf] kfos kg] :yfgdf ejhf u/f0{
sfo]nd tyf k]f lj z]f lj ifout cledlvs/0f ul/of]. lhij sflkhg sfo]nd cledlvs/0fdf
; xeful ; uof o; k\$]f /x\$]f]lyof].

uf=j=;	dixnf	k?if	afns	aflnsf	blnt	hghflt	cGo
lspn	\$\$	\$()	!	@	@)	^&	!)
0rf\$	\$&	%!		!	!!	&#	!^
hDdf	(!	!))	!	#	#!	!\$)	@^

u_ nllft ; dksf nflu k]f lj Zn]f0f a]s M

lqofsnsfkut p27o M

sfo{f] leqsf uf=j=; x?af6 5gf] ePsf nllft ; dksf afnaflnsfsf kl/jf/ ; b:ox?nf0{
cfkm ; xf]bf]k]f 5gf] ÷k]f /flg ; xhls/0f ug].

lqofsnsfk ; ~rfng lj lw

kl/of]hgn] nllft u/\$f sfo{f] leqsf uf=j=; leqaf6 5gf] ePsf !))÷!)) hgf
a]lj vg pGdv afnaflnsf / lgs[6 afn>ddf k/\$f afnaflnsfsf kl/jf/sf ; b:ox?nf0{
@%÷@% hgf] * j 6f ; dx agf0{ plgx?sf uflj ; sf] kfos kg] :yfgdf ejhf u/f0{ cfkm
; xf]bf]k]f 5gf] ug]lj z]f a]sx? ; ~rfng ul/ lj leGg ; km k]fx?sf] ; lrsf ul/of]/

pkl:yt ; xefulx? cfkm]f0{P]lfs k]fx? 5gf] /f0{clenyg ul/of]. ; xeflu ; Vof o; k\$f/ /x\$f]5 .

uf=j=;	dlxnf	k?if	afns	aflnsf	blnt	hghflt	cGo
lspn	%)	\$^	*		*	^)	@*
0rf\$	%%	\$*	!@		!@	&*	!#
hDdf	(\$!)%	@)		@)	!#*	\$!

3_ Joj zflos ofhgf thlf @ lbg]sfozfnf M

Iqmfsnfkut p2]o M

sfo{f] leqsf uf=j=; x?af6 5gf] ePsf nllft ; dxsf afnaflnsfsf kl/jf/ ; b:ox?nf0{ cfkm ; xf]bf]k]f 5gf] ul/ ; s\$f jf k]f /fh]\$f ; dfg k]f /f]g]oIQm=JolQmx?sf] nflu Joj zflos ofhgf thlf ug[u/fpg].

Iqmfsnfk ; ~rfng ljlw

kl/ofhgfn] nllft u/\$f sfo{f] leqsf uf=j=; leqaf6 5gf] ePsf !))÷!)) hgf a]lj vg pGdV afnaflnsf / lgs[6 afn>ddf k/]f afnaflnsfsf kl/jf/sf ; b:ox?nf0{ @%÷@% hgfsf] * j6f ; dx agf0{ plgx?sf uflj ; sf] kfos kg] :yfgdf ejhf u/f0{ cfkm ; xf]bf]k]f 5gf] ul/ ; s\$f JolQmx?sf] JolQmut ?kdf Joj zflos sfo{f]hgf agfp]ul/ @ lbg]sfozfnf ; ~rfng ul/of]. sfo{f] ; rfng cgludgsf nflu upfFafn ; Af0f ; ldlt nf0{ ; Dk]f lhDd]f/l lb0of]. ; xeflu ; Vof o; k\$f/ /x\$f]lyof].

uf=j=;	dlxnf	k?if	afns	aflnsf	blnt	hghflt	cGo
lspn	\$#	\$\$	#	#	!@	%@	!*
0rf\$	%"	\$*	@	!	!\$	&#	!(
hDdf	(&	(@	%	\$	@^	!@%	\$&

; xeflux?n]5gf] u/\$f k]f o; k\$f/ /x\$f]5 .

Aofa ; fox?	; Vof	Aofa ; fox?	; Vof
Xf]n	@	kmgr/	%
afv] kfng	!#)	s]flg lk; flg	!

ls/fgf k; n	&	emhf abf0{	!
t/sf/l v]l	!@	; wfl/Psf]cf/0f	#
sV/f kfng	!@	wk	!
l; nf0{	*	7h uf8f xf]n	!
c]l v]l	(aV/f kfng	\$
Dff; 'k; n	@	r6k6]	!
		/]8of]ddf{	!
hDdf	@))		

GffMafn afnaflnsfx? klg Joj zflos ofhgf thf @ lbg]sfof nf df ; xeflu ePsf / ofhgf tof/ u/\$f lyP .

a - nllft afnaflnsf ÷kl/jf/sf nflu hllj sfkhg sfofnd ; xofu M

Iqmfsnfkut p2]o M

sfo{f] 0ff\$ / lspan uflj ; af6 5gf] e0{ cfPsf !))÷!)) hgf nllft ; dksf afnaflnsfsf kl/jf/ ; b:ox?af6 cfm ; xf]bf]k]f 5gf] ul/ ; s\$]f cfwf/df ; :yfn]b]fo j df]hdsf lj lw / k\$]faf6 hllj sfkhg ; xofu sfofnd ; ~rfng tyf Joj :yfg ub{hfg] / pglx?sf kl/jf/df Joj zflos cfwf/lznf tof/ ul/ cfm afnaflnsfsf] ; Af0f ub{/lj Bfnodf k9fp] ; lfd agfp].

Iqmfsnfk ; ~rfng lj lw M

kl/ofhgf] nllft u/\$f sfo{f] leqsf uf=j=; leqaf6 5gf] ePsf !))÷!)) hgf a]lj vg pGdv afnaflnsf / lgs[6 afn>ddf k/]f afnaflnsfsf kl/jf/sf ; b:ox?nf0{ JoQmtjf k]f ; dx agf0{pglx?n]0R5fPsf]k]fnf0{cfwf/ dfgl Joj zflos ofhgf cg' f/ ; t{; lxtsf] ; Den]f kq tof/ ul/ gub jf cfj Zos ; fdul] ; xofu ul/of]. o:tf] ; xofu Joj ; fosf]k\$]t x]l klxnf]ls:tf ?= !&)) / Joj zfo ; ? eP gePsf]cgldg u/l bf>f] ls:tf ?= !*)) u/l hDdf ?= %))) r\$ dfkm eQmflg ul/of].

kl/ofhgfdf pNn]vt hllj sfkhg ; xofu Joj zflos ofhgf sfof]og k]tlf r/0fx?sf] :ynut cgldg=k/fdz{ ug\$]f nflu ufpF afn ; Af0f ; ldltsf] c]blf jf ; lrjsf] ; of\$]f df # ; b; lo ofhgf sfof]og cgldg ; ldltsf] agf0f]. ; :yfnf0{cgldg k]tj lg lb0{csf]r/0f k\$]f a9fp] lg0f]s cfwf/ agf0f]. 5gf]df k/]f / Joj ; fo ; hf? u/\$f gfdj nl cg' hf ! df /x\$]f]5 .

r_ :yfglo lgsfo tyf ; xsf/l ; eGq ; j nls/of M

Iqmofsnfkut p27o M

sfo{f} leqsf uf=j=; x?df /x\$ f kl/ofhgf; u ; DaGwt e0{ ; /f\$ f/ /fVg] uflj ; ,ufpEfn ; Af0f ; ldlt,sif ; xsf/l , cfdf; dX , afnj Hj vg lj ?4 :yfglo ; Af0f ; ldlt, ; 'lff lgsfo,afnSna / lj Bfnox? h:tf ; /f\$ f/j fnf lgsfox?sf] ; j nls/of tyf ; dGj o ; dGq alnof/ hj fknbjx agfpE ; xhls/of ug].

Iqmofsnfk ; ~rfng lj lw

sfo{f} leqsf uf=j=; x?df /x\$ f kl/ofhgf; u ; DaGwt e0{ ; /f\$ f/ /fVg] uflj ; ,ufpEfn ; Af0f ; ldlt,sif ; xsf/l , cfdf; dX , afnj Hj vg lj ?4 :yfglo ; Af0f ; ldlt, ; 'lff lgsfo,afnSna / lj Bfnox? h:tf ; /f\$ f/j fnf lgsfox?sf] ; dGj o ul/of]. Joj ; fosf]k\$[t cg; f/ ; aGwt ; /sf/l sfosfhosf] ; xofu / ; dGj o ul/of].

^_ ; eQmcgludg

Iqmofsnfkut p27o M

sfo{f} leqsf uf=j=; x?df /x\$ f **lj ktNf afnaflnsf aTlj vg lj ?4 ; ferf cleofg** kl/ofhgf cGtu{ ; ~rfng xb u0{x\$ f] lhj sifhj ; xofu sfoGnd ; DaGwl Iqmofsnfkx?; ffng lj lw,sfoffj og k\$bf sf] ; lxt l; sf0{ tyf rbf]lx?sf] ; dli6ut sfoGnd cgludg ul/g].

Iqmofsnfk ; ~rfng lj lw

sfoGnd nllft 0{f\$ / lspan uflj ; x?df kl/ofhgsf] kfj cbbfog ul/ cfj Zos ; wf/ ug\$ f nflu ; /sf/l h:t} lhNnf dlxnf afnaflnsf sfosfho,lhNnf lj sf; ; ldlt,lhNnf kf; g sfosfho,lhNnf sif lj sf; sfosfho,lhNnf 3/h' lj sf; sfosfho / ; DaGwt bft[lgsfox?df kf ul/g]. tyf u}; /sf/l lfqaf6 lgsfox?sf] ; ferf cgludg ; dXaf6 cfkrf/l s ?kdf cgludg ul/of]/ ; :yfnf0{lnlvt kltj lg kf ul/g].

kult laj/of

Knfg 0{6/gZgnsf]; xofu df hg @)!^ b]V l8; jj / @)!^ ; Dd ; ffng e0/x\$ f]lj ktNf afnaflnsf aTlj vg lj ?4 ; ferf cleofg sfoGnd sf]Iqmofsnfkx?sf]kult jj /0f lgDg /x\$ f]5 .

Iqmofsnfk / kult jj/of

lqmfnsnfk	nlo	pknwl
Hfvd kl/j f/ ÷; dx klxrfg ; j fof	@))	@))
nllft ; dksf nflu lhij sfkfg sfo&nd cledlvs/0f	%	%
kz f l j Znifof ajs	*	*
cfochhg÷Joj zflos ofhgf tflnd	*	*
hlj lsfkfhg ; xofu sfo&nd	@))	@))
:yfglo lgsfo tyf ; xsf/l ; efq ; j nls/0f	^	^
; fdlhs nyf hfyf	@	@
sfo&nd cgludg	@	@

/fdlkf

!=: :yfsf]af/df ; Hfkt hfgsf/l ePsf].

@= hfylddf k/\$f afnaflnsfsf]klxgf ePsf].

#= Aofa; foaf6 nfe ln0{cfkngf]afnaflnsfnf0{lj wfno k7fpg ; xofu ePsf].

\$= Aof; fonf0{lg/Gt/ lbP/ cfkngf]5f]f5f]l cfknt u}fVg ; km ePsf 5g\\

%= dbfost AolStx?nf0{afnclwsf/ ,afnaflnsf a7lavg , lhj gpkofu ; lk af/]hfgsf/l ePsf]5 .

rjf&lx?

!= b0{uf=j =; df @)) dfq 3/kl/j f/ ; dlbg]ePsf]kl/j f/ 5gf ug{sl7g ePsf].

@= kl/ofhgfsf]; do calw 5f]f]ePsf]sf/0fn]ubf{cgludgnf0{lg/Gt/tf lbg g; Sg].

#= ; xofu kfpg]kl/j f/n]k6s k6s Aofa; flos ofhgf kl/j tg u/\$f].

\$= Aofa; fonf0{lg/Gt/ cgludg ul/ Aofa; flos ul//x\$]f 3/kl/j f/sf]Aofa; fo 3/h' tyf ; ffg]pBu sfo&ho df Aofa; fo btf{u/l ; /sf/l ;]f ; lj wf lng gkf0\$].

%= nllft auh]Aofa; fo ; ? u/kl5 Aoa; fo af6 cfpg]krf0f gfkm gf\$; fg art tyf afnaflnsfsf]lZlffd ePsf]nuglzf]hfgsf/l lng g; s\$].

cg' r! !Mlhij sfkfhg ; xofu / Aofa; fox? u/\$f gfdj nlx?

lspn uf=j=;

s‡	gfd	pd‡	7‡fgf	kn‡ g	Aoj ; fo 5gf§
1	; fg' lht af la s	72	lspn-%		afv‡ kfng
2	afa' /fd eh‡h	47	lspn-%	9818514628	s‡fgl lk; fgl
3	bd}nfdf	65	lspn-&	9818985865	afv‡ kfng
4	lgdf nfdf	56	lspn-^	9818336386	kn‡gr{
5	d‡f/ nfdf	59	lspn-^	9808403936	afv‡ kfng
6	gfg' tfdf†	30	lspn-\$	9808947800	l; nf0{
7	k‡gd{nfdf	31	lspn-&	9741427410	afv‡ kfng
8	k‡af 8‡df nfdf	40	lspn-^	9803518529	afv‡ kfng
9	uf‡f e08f/L	37	lspn-%		afv‡ kfng
10	; ultf la s	21	lspn-%		afv‡ kfng
11	wgdfofRa s	40	lspn-%	9803679873	afv‡ kfng
12	h‡f la s	42	lspn-%	9813264622	ls/fgf k; n
13	ultf la s	35	lspn-%	9803029497	l; nf0{
14	sfdl tfdf ^a - ; fd' cfdf	70	lspn-\$		afv‡ kfng
15	; fgld‡f la s	27	lspn-%	9803691076	l; nf0{
16	l; tf/ nfdf	45	lspn-%	9813746285	cn‡f l v‡l
17	ld ^a df/ nfdf	84	lspn-^	9808050453	afv‡ kfng
18	yfSkf nfdf	44	lspn-%	9803046825	sv'f kfng
19	l5l/ ^a nfdf	60	lspn-%	9808651531	afv‡ kfng
20	lgdf nfdf	44	lspn-%	9813383356	afv‡ kfng
21	gfuf ^a nfdf	60	lspn-%		afv‡ kfng
22	r ^a a' nfdf	60	lspn-^	9803629877	afv‡ kfng
23	l5l/ ^a llofnaf] nfdf	87	lspn-^	9808208205	afv‡ kfng
24	ld ^a u' nfdf	47	lspn-(9808572900	afv‡ kfng
25	k‡af nfdf	47	lspn-(sv'f kfng
26	bfj f of ^a hg	43	lspn-(sv'f kfng
27	8‡df nfdf	30	lspn-(9810383408	afv‡ kfng
28	ld ^a df/x‡a hfdgl	40	lspn-(9818814843	afv‡ kfng

29	sk{nfdf	70	lspn-(afv kfng
30	ld^df/ nfdf	57	lspn-*	9808389108	afv kfng
31	wg~ho l/dfn	31	lspn -#	9823356644	afv kfng
32	k]af bf{tfdf^a	37	lspn -\$	9808375178	afv kfng
33	abl l/dfn	40	lspn -#	9818556915	cmaf]l v]l
34	; fd k fb e08f/l	30	lspn -#	9860075645	sv/f kfng
35	bfj fgj { nfdf	51	lspn -%	9813992204	cmaf]l v]l
36	g] k e08f/l	60	lspn -\$		cmaf]l v]l
37	ufkl gkfnl	40	lspn -\$	9812413927	l; nf0{
38	; :j tl e6/f0{	55	lspn -#		t/sf/l v]l
39	clasf e08f/l	35	lspn -#	9808736229	kmgf{
40	lgn s'e08f/l	43	lspn -#	9813201757	t/sf/l v]l
41	l; tf ; fksf]f	38	lspn -%	9803080196	afv kfng
42	; flaql e08f/l, dgf	52	lspn -%	9823433753	5f]l nf0{l; nf0{tfnd
43	hfgsf la s	25	lspn -%		; wf]osf]cf/0f
44	b]sl ehjh	35	lspn -\$	9818029129	afv kfng
45	dfof gu/sf]l	30	lspn -\$	9818719267	emjhf agf0{
46	8f]df tfdf^a	45	lspn -\$	9819741412	cmaf]l v]l
47	kfafl ehjh , led sdf/l	18	lspn -\$		l; nf0{
48	; ldqf ehjh	83	lspn -\$	9805765705	afv kfng
49	xl/ k e08f/l	42	lspn -#	9843613696	wk pTkfbg
50	; flaq ; fksf]f	64	lspn -#		afv kfng
51	/fs]z tfdf^a	44	lspn -\$		cmaf]l v]l
52	chf e08f/l	29	lspn -\$	9825143959	ls/fgf k; n
53	ledf tfdf^a	28	lspn -!	9818323527	t/sf/l v]l
54	df]f tfdf^a	50	lspn -@		t/sf/l v]l
55	; fd' tfdf^a	60	lspn -@	9808318857	afv kfng
56	dfofFtfdf^a	36	lspn -@	9813718832	afv kfng
57	; gdfof tfdf^a	19	lspn -@	9813193750	afv kfng

58	k0f{dfof tfdf ^a	19	lspn -@	9810304418	t/sf/l vɔ̄l
59	kf; f ^a tfdf ^a	13	lspn -@		afv̄l kfng
60	; ɔdfg tfdf ^a	30	lspn -!	9808875624	afv̄l kfng
61	l̄d ^a df/ tfdf ^a	35	lspn -!	9812820604	afv̄l kfng
62	nlfdf0f tfdf ^a	49	lspn -@	9813520281	afv̄l kfng
63	la/dfg tfdf ^a	55	lspn -@	9808857789	afv̄l kfng
64	l868' tfdf ^a	34	lspn -@	9813349152	afv̄l kfng
65	; fhg tfdf ^a	21	lspn -@	9823556983	sV̄f kfng
66	dg; fgl tfdf ^a	32	lspn -!		aū' kfng
67	; Gr af tfdf ^a	30	lspn -!	9808851554	afv̄l kfng
68	; Gr dfg tfdf ^a	40	lspn -!	9823971421	t/sf/l vɔ̄l
69	; Aaf tfdf ^a	28	lspn -!	9808210835	7huf8f k; n
70	sNkgf tfdf ^a ,	14	lspn -@		afv̄l kfng
71	lkls tfdf ^a	29	lspn -@		afv̄l kfng
72	; ldnf hfɔ̄l	29	lspn -!	9830064014	afv̄l kfng
73	lkufQ tfdf ^a	30	lspn -!		afv̄l kfng
74	klaf tfdf ^a	37	lspn -!	9808482718	km̄gr̄
75	nfSkf bfh{tfdf ^a	28	lspn -!	9818027116	afv̄l kfng
76	lj? NffdF	26	lspn -!	9803616308	aū' kfng
77	hlt af tfdf ^a	26	lspn -!	9823397987	xfōn Aofa; fo
78	la/ af hfɔ̄l	45	lspn -!	9813502203	sV̄f kfng
79	la00f' af hftl	43	lspn -!	9813309501	afv̄l kfng
80	; l/tf yfkf	28	lspn -!	9863855675	afv̄l kfng
81	; ɔdf0{hfɔ̄l	47	lspn -!	9818316920	afv̄l kfng
82	kfj t̄l e08f/l	37	lspn -!	9843071037	r̄gfr̄6k6]
83	uuf e08f/l	40	lspn -!		afv̄l kfng
84	r̄g s̄df/l a?j fn sfG5l	30	lspn -!		afv̄l kfng
85	døf ; ɔf/	29	lspn -%		afv̄l kfng
86	lvgf , bd}tfdf ^a	60	lspn -!		afv̄l kfng

87	6f] a eh]h	45	lspn -\$		afv] kfng
88	kf] tfdf ^a ,	40	lspn -\$		cmaf] v]l
89	; Gb] e08f/l, of] af	16	lspn -\$	9823769323	afv] kfng
90	lbks hftl	34	lspn -!	9810995353	sv'f kfng
91	>lnfdf tfdf ^a	63	lspn -!		afv] kfng
92	1fg'hftl	30	lspn -!	9810304537	t/sf/l v]l
93	; fd af , wg af tfdf ^a	56	lspn -@		ls/fgf k; n
94	; /:j tl kf]h	35	lspn -!	9860713196	afv] kfng
95	; l/tf s]a/	32	lspn -!		afv] kfng
96	7 ^a udfg tfdf ^a	17	lspn -@		df]af0{ddt
97	l8nf/fd hftl	47	lspn -!		afv] kfng
98	lr` sdf/l hftl	45	lspn -!	9808010656	afv] kfng
99	ldgf yfkfd/	35	lspn -!		afv] kfng
100	sf]tl s]a/	25	lspn -!		afv] kfng

0cf\$ uf-]j=;

s† ;	gfd	pd]	7]fgf	kn] g	Joj ; fo 5gf
1	df/k] tfdf ^a , sfdl	45	0cf\$ -*	9808724978	afv] kfng
2	/fdl; x+tfdf ^a	33	0cf\$ -*	9865098886	cmaf] v]l
3	dflem tfdf ^a	39	0cf\$ -*	98803401549	afv] kfng
4	0dfg l; tfdf ^a	41	0cf\$ -(afv] kfng
5	nfSkfbfh{tfdf ^a	35	0cf\$ -!	9862242818	afv] kfng
a	lgdf tfdf ^a	40	0cf\$ -!	9860403713	afv] kfng
7	sf]5f z]f{	41	0cf\$ -^	9810348944	afv] kfng
8	g]f z]f{	38	0cf\$ -#		afv] kfng
9	lhdL nfdf	55	0cf\$ -#	9819229424	afv] kfng
10	sf]5L g]fnL	60	0cf\$ -^		afv] kfng
11	udnf lf]L	42	0cf\$ -#	98233367124	afv] kfng
12	dfofFnfdf	43	0cf\$ -#		afv] kfng

13	nldL gkfnL	38	0{f\$ -^	9808383401	afv1 kfng
14	ljjL tfdf ^a	40	0{f\$ -^		afv1 kfng
15	; fd] tfdf ^a	40	0{f\$ -*		afv1 kfng
16	sfnL nfdL	36	0{f\$ -*		afv1 kfng
17	kfj tl k/fhhl	31	0{f\$ -*	9860108934	afv1 kfng
18	; Dmgf tfdf ^a	25	0{f\$ -@		afv1 kfng
19	kf; f ^a cfdf] zkf{	23	0{f\$ -!	9860271634	afv1 kfng
20	bfd]; fls{zkf{	30	0{f\$ -!	9821160448	afv1 kfng
21	cho tfdf ^a	18	0{f\$ -*		df; 'k; n
22	/lhg zkf{	62	0{f\$ -(9810348944	afv1 kfng
23	uf]L tfdf ^a	47	0{f\$ -*		ls/fgf k; n
24	/d]L tfdf ^a	36	0{f\$ -(981786605	sv/f kfng
25	kftnL tfdf ^a	29	0{f\$ -*	9823571509	afv1 kfng
26	cf; fdfg tfdf ^a	35	0{f\$ -*	9803480476	afv1 kfng
27	l; tfdfoff tfdf ^a	32	0{f\$ -@	9810296158	xfon Aoa; fo
28	lb\$sl tfdf ^a	15	0{f\$ -@		afv1 kfng
29	tf]kf tfdf ^a	37	0{f\$ -@	9823064006	afv1 kfng
30	cf0tl tfdf ^a	37	0{f\$ -@		afv1 kfng
31	h]L tfdf ^a	62	0{f\$ -*	9808915452	afv1 kfng
32	?kf tfdf ^a	26	0{f\$ -(9819232001	afv1 kfng
33	dfof tfdf ^a	50	0{f\$ -@		afv1 kfng
34	df0fl tfdf ^a	60	0{f\$ -*	9810355199	afv1 kfng
35	wg; f ^a tfdf ^a	67	0{f\$ -@		afv1 kfng
36	l6sf b]L h}L	46	0{f\$ -#	9823140750	afv1 kfng
37	/zd a=k08lt	61	0{f\$ -&		t/sf/l v]L
38	uflkn k e\$/f0{	60	0{f\$ -&	9841661857	afv1 kfng
39	xs{j yfkf	46	0{f\$ -%	9818424351	afv1 kfng
40	dfg j tfdf ^a	50	0{f\$ -*	9808190212	afv1 kfng
41	s0f j bdf0{	38	0{f\$ -^	9808491586	sv/f kfng
42	chj tfdf ^a	35	0{f\$ -*	9808057724	t/sf/l v]L
43	; Gho tfdf ^a	33	0{f\$ -*	9813833767	afv1 kfng

44	l; tf g[kfnl	24	0{f\$ -#	9808290886	afv[kfng
45	a[hL g[kfnl	32	0{f\$ -#		afv[kfng
46	sfg5L tfdf ^a	50	0{f\$ -*		afv[kfng
47	lhtdfg tfdf ^a	43	0{f\$ -*	9611135955	afv[kfng
48	lr\${}tfdf ^a	41	0{f\$ -*		afv[kfng
49	sfg5L tfdf ^a	60	0{f\$ -*		afv[kfng
50	df0fL tfdf ^a	40	0{f\$ -*	9808491067	afv[kfng
51	; f ^a j] tfdf ^a	60	0{f\$ -*	9818986583	ls/fgf k; n
52	kftnl ehjh	47	0{f\$ -^		kmgr{
53	nldfd0f tfdf ^a	42	0{f\$ -&	9803323670	kmgr{
54	dun] tfdf ^a	33	0{f\$ -*	9823054511	sv'/f kfng
55	hyl' tfdf ^a	36	0{f\$ -^	9866048225	sv'/f kfng
56	l8n a lfdL	65	0{f\$ -#	9810096588	afv[kfng
57	l; tf kl08t	35	0{f\$ -#		afv[kfng
58	sfk{tfdf ^a	60	0{f\$ -@	9801868154	ls/fgf k; n
59	lg;: f du/	25	0{f\$ -#	98018116812	l; nf0{S6f0{
60	sdnf ; bf/	37	0{f\$ -@		; wfl/osf]cf/0f
61	sbddfofF; bf/	45	0{f\$ -@		afv[kfng
62	an af tfdf ^a	39	0{f\$ -%	9813609255	afv[kfng
63	llofnaf] tfdf ^a	40	0{f\$ -%	9823826680	afv[kfng
64	bfj f/fd tfdf ^a	48	0{f\$ -@		afv[kfng
65	p/nfdf tfdf ^a	40	0{f\$ -@	9813143933	cnfrl v]l
66	kftnl u?/E	60	0{f\$ -\$	9813090183	afv[kfng
67	ofahg] tfdf ^a	26	0{f\$ -@		afv[kfng
68	; flxnl tfdf ^a	41	0{f\$ -\$		afv[kfng
69	sfg5ldfofF tfdf ^a	40	0{f\$ -%	9813014961	afv[kfng
70	; kutf kl08t	28	0{f\$ -&	9815577520	afv[kfng
71	sflndfofftfdf ^a	29	0{f\$ -\$		afv[kfng
72	l; tf ldhf/	30	0{f\$ -^	9803496304	afv[kfng
73	ktnL tfdf ^a	60	0{f\$ -\$		afv[kfng
74	sNkgf kl08t	47	0{f\$ - &		afv[kfng

75	b] sđf/l vql	47	0{f\$ -&		afvř kfng
76	gđf tfdf^ ,d0{	33	0{f\$ -&		sřv'f kfng
77	dđh'la s	34	0{f\$ -^		cf/0f Aofa; fo
78	lj i0f'ldhf/	45	0{f\$ -^		afvř kfng
79	d^un]tfdf^	36	0{f\$ -@	9823076288	afvř kfng
80	d^un]tfdf^	37	0{f\$ -^		afvř kfng
81	nfn af tfdf^	32	0{f\$ -^	9810304668	sřv'f kfng
82	; ~rdfg tfdf^	36	0{f\$ -^	9808879821	alv' kfng
83	wg a tfdf^	32	0{f\$ -&	9808931362	t/sf/l vřl
84	dglht tfdf^	42	0{f\$ -&	9818361334	t/sf/l vřl
85	d^un]tfdf^	41	0{f\$ -&	9810077219	afvř kfng
86	8Nn]tfdf^	74	0{f\$ -&		ls/fgf k; n
87	dfg a ldhf/	46	0{f\$ -&		afvř kfng
88	kđ a tfdf^	53	0{f\$ -&		alv' kfng
89	d^un]tfdf^	29	0{f\$ -^	9818647310	afvř kfng
90	lj /dfg tfdf^	46	0{f\$ -&		afvř kfng
91	lj lj tfdf^	22	0{f\$ -&		afvř kfng
92	nldl lj ; ^v]	34	0{f\$ -^	98808331916	t/sf/l vřl
93	křhdfofFtfdf^	45	0{f\$ -&	9823477300	afvř kfng
94	lr/ldfof tfdf^	54	0{f\$ -&		afvř kfng
95	1fg sđf/l kř08t	50	0{f\$ -\$		afvř kfng
96	sfG5L kř08t	35	0{f\$ -^		afvř kfng
97	dfs/l gřfnl	65	0{f\$ -^	9810395231	afvř kfng
98	zřGtl tfdf^				
98	křhdfofF	15	0{f\$ -&		afvř kfng
99	ufřl dfofFu?^		0{f\$ -&		afvř kfng
100	ufřl tfdf^		0{f\$ -&		afvř kfng

cg'řl !M0{f\$ uřp afn ; Ařf0f ; ldltsf kbřwsř/lx?sf gřdj nřx?

S= ;	gřd	kb	křř g
!	/fd a >j7	cřbřf	(&\$!)!(!!*

@	ḡ k ē/f0{	; lrj	(*) *!*@*&()
#	ks a kl08t	; b:0	(* \$#^\$@^!\$
\$	lht af s]; l	; b:0	(* %!!* @&%)
%	lj Gbf b̄ufn	; b:0	(* \$ (^% @&% %)
^	k0f{a kl08t	; b:0	(*) *@@) (^\$
&	lxgf tfdfa	; b:0	(* @##%^\$@
*	/d̄z ē/f0{	; b:0	(*) *^!*&**
(ufk a kl08t	; b:0	(&\$!!&#^(\$

cg'; Hl @Mlspn uff afn ; Alf0f ; Idlt sf kbflwsf/lx?sf gfdj nlx?

S = ;	gfd	kb	kmfg g
!	6fkgy 3f] fg]	cblf	(* \$!%@!!\$#
@	od hf]l	; lrj	(&\$!!&!^^^
#	sdnf e08f/l	sf]lllf	(* !#@##&%@
\$	0zj / bfxfn	; b:0	(* \$!()^@)%
%	5lj nfn ē fn	; b:0	
^	0(b' hf]l	; b:0	(* !* &%^) (&
&	lht[b hf]l	; b:0	(*)#\$(!&(#
*	lgdf alc nfdf	; b:0	
(gfg' hf]l	; b:0	(*^)!)*(!#

cg'; Hl #M0{f\$:yflgo dfqj a]lavg la?4sf]; Idlt x? gfdj nl

S = ;	gfd	kb	kmfg g
!	/fd a >j7	cblf	(&\$!)!(!!*
@	b]/fh ; j bl	; b:0	(* \$!)%#((^
#	ks a kl08t	; b:0	(* \$#^\$@^!\$
\$	lht a yfkfd/	; b:0	(*^)((^\$*)
%	lxgf tfdfa	; b:0	(* @##%^\$@
^	ḡ k fb ē/f0{	; b:0	(*) *!*@*&()
&	lbndfofFfdfa	; b:0	(*) *%@!@%\$

*	nldl lj ; ^v]	; b:o	(*) *##!(!^
(kfj tl 9sfn	; b:o	(*\$#^@)%&(
!)	zldhf u/fuf0{	; b:o	(*^)%&)(^\$
!!	; ltf sfsl{	; b:o	(* !#)&#(^
!@	; ltf yfkf	; b:o	(*) * (!%)@%
!#	awdfof tfdf ^a	; b:o	(*#@)^\$)(&

cg'; tl \$M!spn :yflgo dfgj a]lavg la?4sf]; ldltx? gfdj nl

s ;	gfd	kb	knj g=
!	/fh' >j7	c\blf	(* \$(#&\$!&&
@	lgdf hf ^a a'nfdf	; b:o	(* #^#)))\$
#	sdnf e08f/l	; b:o	(* !#@&%@
\$	ek\bl e08f/l	; b:o)!^@!)#\$%
%	0\bl / bfxfn	; b:o	(* \$!()^@)%
^	0\bl "hftl	; b:o	(* !*&%^)(&
&	b]/fh ; j\bl	; b:o	(* \$!)%#((^
*	hlt a yfkfd/	; b:o	(*^)((^\$*)
(gfg'hftl	; b:o	(*^)!)*(!#
!)	sfn]tfd ^a	; b:o	(* !##%&###
!!	wgktl e08f/l	; b:o	(* \$(%##(#!
!@	x/l e08f/l	; b:o	(* \$#!#^(^
!#	lgn s\bl e08f/l	; b:o	(* !#@)!&%&

cg'; tl \$M!spn / 0rf\\$ ufpJ fn ; Alfof ; ldlt sf]sfo&nd ; DaGwl egf0k?

6f\ gfy 3f] gL - spn ufp afn ; Alfof ; ldlt c\blf

“ gkfndf ldlt @) ; fn ažif !@ ut] cfPsf] jgf; sf/l ešDkbn] o; lspn uf=j=; (^& 3/ w/l k0f{?kn] lf]l eof]eg] hDDff ^# hgf Hofg udfpg eof]h; dlb !) hgf uf la ; eGbf j flx/ j:g]Joltm? lyo eg]%# hgf o; }uf=j ; leqsf lyP .

of]csNklgo 36gf kZrft o; lspn uf=j=; df /fxft sf sfo\$ʃ InP/ w} }; 3+; :yfx? cfpng'ePsf lyP h; dlb kf6g/l; k gkf / rfo[8 gkfnn] o; uf=j=; df /xʃf lj kt j f6 cToGt hfyl d cj :yfdf k/ʃf afnaflnsfx? sf nflu lhasfkhg sfo\$ʃ NofglePsf] sfo\$ʃsf af/df ufB afn ; Af0f ; ldlt / uf=j=; dlf 5nk m e0{To:tf hflvd /xʃf cyft k/ʃf !)) 3/kl/jf/nf0{pQ sfo\$ʃ nflu lg0fo{kZrft ufB afn ; Af0f ; ldlt uf=j=; leq /xʃf lj wfno ; 3; :yfx?sf] ; xofu af6 hflvddf k/ʃf dlb cToGt] hflvddf k/ʃf / cGo ; 3; :yf af6 ; xofu gkfPsf afnaflnsfx?sf]gfd 3/kl/jf/sf]tyfa's ; \$ng u/l ufB afn ; Af0f ; ldlt / ; xofu ; :yfsf] ; oQ aʃs af6 !)) 3/kl/jf/ nf0{lelaGg lhlj sfkhg dlv sfo\$ʃ nflu klt kl/jf/ ? %))) xhf/ ?kof lbg]lg0f6 kZrft /sd lj t/0f ul/of] h; sf]cglfdg :jod ufB afn ; Af0f ; ldlt / ; :yf af6 ; dʒ ug{ul/ ; denʃf cg'f/ ; Dałwt AolQn] sfd gu/]bfzʃ] ls:tf /sd /fʂgʂf ; fy}klxnf InPsf] /sd ; dʒ lkmtf{ug' kg{l t/klflo ; denʃf eP cg'f/ xfn pQ sfo\$ʃ ()Ü 3/kl/jf/n] ; ~rfng ul/ ; sʃf/ / afB !)Ü3/ kl/jf/n] klg ca l56} ug] kltawtf ugglePsf] o; uf=j=df hflvddf k/ʃf afnaflnsfx? n]cfufl lbgdf kg[cfpg] ; fgf]tgf] ; d:ofx? af6 effʃf/lg' gkg]/ pQ kl/jf/n] elj io ; Ddf klg cfkmh] u/ʃf] Aoa; fo ; ~rfng ug{ ; sg] ePsf] xfn ; xofu ; :yfx?sf] sfo{ calw ; lsPsf] ; dbfodf ev{ ; ? e0{xʃf] lhasfkhg{sfo\$ʃnf0{lardf k/g[cfpg] ; d:of / ; dfwfgsf nflu ; dʒ ; xofu ; :yfsf] dxTtf] k0f{ /xg]ePsf] ; :yfsf] sfo{ cawl s]l ; do yk e0{bPdf hg /fdf] k̄fa kg] ePsf]sfo{ cawl yk ul/ sfo\$ʃnf0{lg/t/ cuf8L a8fpg ; xofu ldnG]ck]ff /vb}o; sfo\$ʃn] hflvddf /xʃf afnaflnsfx? hlj lsfkhg[sf nflu ; xh xg] dfq ge0{ hlj lsfkhg sf nflu ; xh xg] dfq ge0{ hlj lsfkhg Aofa; fon] klg lg/t/tf kfpg] ePsf] ; ofu ; :yf klt xflb\$ cfaf/ k\$6 ub{wGoafb lbgryfxG5'.”

ḡ kʃ fb e\$/fom0cf\$ uffB afn ; Af0f ; ldlt ; lrj

“ gkfndf @) ; fnsf] ešDkn] &% lhNnf dlb] !\$ lhNnf al9 k̄flj t eof]To; df klg l; GwkfNrfs] lhNnf ; a)eGbf la19 k̄flj t eof]. oxFFef]ts ; Argf kfomzGo cj :yfdf ku] \$)) dflg; n]Hofg udfP, dflg; x?sf]5fkʃ / kf6lsf]jf; eof]. hg clxn] klg bʃg ; lsG5 .

dfgj ; j {>}7 kf1of ; vdf ; u}/dfpg]/ bMv df bMlsf] ; xfgel't k\$ʃ/ ug{p; sf] :j efj xf]. Tof]qnd of] ešDksf] j hfdg klg bʃg kf0f]. rfx]:j bʒ j f6 xf] rfx]lj bʒ j f6 xf] ,

rfx]JolQm ut ?kdf xf] rfx]; :yfut ?kdf xf] \" k/fksf/f ; tf}lj e'to" eGg\$/f sxl ; fy\$ eof].

cfh e\$Dk uPsf]klg b0{aif{kllg nfluof] dflg; x? la:tf/}; fdfGo lhj g lj tfpg tkm[nfu]\$f 5g\ . ; fdfGo 3/ agfpg] ; fdfGo a:t'fp kfng] sfo\$df nflu yfn\$f 5g\ . To; df gkfnn ; /sf/sf]e\$bf klg ; 3 ; :yfx?sf]eldsf k\$zglo 5 .

I; GwkfNrf\$ lhNnf To; df klg /fhwfglaf6 p0/kIZrddf /x\$f b0{uflj ; 0rf\$ / lspn e\$Dkdf lynlylnPsf]uflj ; . cfh o; uflj ; df e\$DkkI5 sfd ug[w]}; 3; :yf /x\$f 5g\ PS; gP\$ gkfnn, cS; knd, /Bqm, xlkPh OG6/g\$gn, rfON8 gkfnn, kf6g/lzk gkfnn, xlje\$; cfbL .

ol ; :yfsf p4]o / sfo\$df sfo\$df ; dfgtf / sfo\$df kystf /x\$f ca:yfdf knfg OG6/g\$gn\$nf] ; xofu\$df rfON8 gkfnn / kf6g/lzk gkfnsf] ; xsfo\$df ; ~rfngdf /x\$f] lhij sfkfhd\$df ; xofu\$ sfo\$nd cGo ; 3; :yf lgs}kys Pj +kefj sf/l ePsf]kf0of]. ol b0{ ; :yf e\$Dksf]sf/0fn]hflvddf k/\$f afnaflnsfnf0{lj Bfnodf lg/Gt/tf lbgsf nflu 0rf\$ / lspn uflj ; df lqnoflzn ufp afn ; Af0f ; Idlt ; u ; xsfo{ ul/ @)) kl/jf/nf0{ lhij sfkfhd\$df ; xofu\$ ug[xjh]klt kl/jf/ #% xhf/sf b/n]cfly\$; xofu\$ u\$of]. o; af6 w]})e\$DkIkI8tx? v'l ePsf 5g\ . t/sf/lv]l, afvfkfng, sv/fkfng, I; nf0abf0, vbf k; n cflb Joj ; fo 5gf\$ u/\$f @)) 3/ kl/jf/n]cfh cToGt}pT; btsf ; fydf cf^gf 5f]f5f]lnf0{lj Bfnodf k7fPsf5g\ of] ; fx}v'l lsf]s/f klg xf]. kf6g/lzk gkfnn / rfON8 gkfnn gkfnsf sd{f/lsf] nuglznntf , ufp afn ; Af0f ; Idlt\$] cgludg, Joj ; fol\$] nuglznntf] of] sfo{ cfh lgs}pTsifdf klu\$f] 5 . d 0rf\$ ufp afn ; Af0f ; Idlt\$] ; lrj sf]x} otdf of]sfo\$ndaf6 w]}g}v'l ePsf]5'.

cfh of]sfo\$nd clGtd r/0fdf klu/x\$]f ca xfd\$ bl\$6df lhij sfkfhd\$df ; xofu\$ ug[kg[w]} kl/jf/ af\$]l 5g\ . sl/a @))) kl/jf/af6 @)) kl/jf/ 5f\$g lgs}sl7g ca:yf lyof] w]} kl/jf/nf0{ ; d\$]g ; lSpf]5g\ . ca ol @)) kl/jf/sf]sfdaf6 xf] Psf cGo w]}kl/jf/x? 5g\ olb rfON8 gkfnn / kf6g/lzk gkfnn]kj of]sfo\$nd ; ~rfng Nofpg]/ lg/Gt/tf lbg] xf]eg] ; of]afnaflnsfsf]elj io pHHjn aGg]/ kl/jf/sf]klg kgMyfkgf xg\$df b0{dt 5g\ . o; :yfn]lj rf/ u/f] \ d]f]rfxgf / sfdgf klg . "cf:t"

